## **EQUIPMENT LIST**

## ABOVE AND BEYOND WHAT YOU MIGHT NORMALLY TRAVEL WITH:

- Warm socks
- \* Layers
- Down or warm fleece jacket
- \* Hats both warm and for sun
- Sunglasses
- \* Sunscreen
- \* Personal toiletries, we provide beautiful made in BC shampoo, conditioner, body wash and lotion. www.seawenchnaturals.ca
- Personal medication (clearly labelled)
- \* Small backpack or bag to carry your stuff during the day
- \* Dry bags or ziplock for your things in your backpack
- \* Binoculars
- \* Camera and rain cover
- Water bottle
- Insect repellant
- Book/Computer/Tablet
- \* Warm gloves
- \* Hiking boots if you are interested in hiking
- Lodge shoes

We provide rain gear and rubber boots, if you have more comfortable rain gear that you are confident in please feel free to bring it.

## For your comfort we also have available for you to use:

Helly Hansen Rain jacket Helly Hansen Rain pants Bogs Rain boots Dry bags Walking poles Seat pads